



A Full Member of World Rugby and
Asia Rugby – an Asian Sports Federation
recognized by the Olympic Council of Asia

PHILIPPINE NATIONAL GAMES TOURNAMENT RULES

1. The tournament will be played under the 7s laws of the Game of Rugby Football by World Rugby, but subject to the amendments detailed below.
2. Here are the team entries in 2 divisions:
 - MEN'S
 - WOMEN'S

All games will be seven minutes each way with two minutes for half time.

3. Players in all teams shall be required to wear rugby kit of an acceptable standard and each member of a team shall be required to wear identical shirts and shorts. All players' shirts will be required to have large numbers on the back for ease of identification by the referees. The numbers on each shirt of the players in any one team shall be different. The referee has the right to inspect the playing kit, including the boots, before or during the game and request any player to change any item they deem inappropriate.
4. For ALL pool games THREE AWARDED POINTS will be given for a win and ONE AWARDED POINT for a draw. ZERO AWARDED POINTS for a loss.
5. Team 1 on the schedule will kick off from the north end of the pitch.
6. If there is a tie at full time in the finals of the Philippine National Game, then the following will apply:
 - a. Two periods of extra time of five minutes will be played. The choice of kick-off at the restart of extra time will be decided by a toss of the coin. The winner will be decided by playing GOLDEN POINT RULE, whoever scores first in extra time. If the score is tied after the Golden Point 10 minute period, the DROP OFF rule will be applied where one nominated player from each team will leave the field every minute as deemed by the referee and the GOLDEN POINT rule still applies until the first team scores.
9. Matches will commence with a dropkick from the center spot. Teams should note that during ALL games it is the **scoring** side that kicks off for restarts of the game after a try, goal or drop goal has been scored.
10. Each playing side shall comprise 7 players selected from a maximum squad of 12 who must all be registered before the start of play. Clubs are to nominate a roster of 12 players a month before the

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tournament via submission of roster together with the requirements to their respective LGU for endorsement to the PSC-PNG Committee and email a copy of the roster and LGU endorsement to the Tournament Director Ms. Aiumi Ono at tournaments@prfu.com

11. A team can change any player on the field from the squad of 12, providing a maximum of 7 players are on the field when the following requirements are met.
(Teams may only use 5 changes per game, using a sub slip and going through the central bench).
 - a. Departing player left the field of play before the replacement player enters the field of play. Both departing and replacement players must leave/enter the field of play at the designated place, except in the case of injury when the departing player can leave wherever appropriate. All players who are substituting on to the field must do so through the officials' desk.
 - b. There is a restart of play, meaning line-outs scrums and drop-kick restarts.
 - c. No substitutions can be made during a penalty, free kick or continuous play.
 - d. Players and team officials **MUST REMAIN IN THE TECHNICAL ZONE** throughout the game and players can only sub from this zone, coaches cannot enter the field of play until the halftime break, only water carriers and team physiotherapists can enter the field of play during a game. Water carries are only allowed on during breaks in play and physiotherapists can enter the game at any time to treat a player during the game. If a player has an injury the Match Official will stop the game whilst the player receives treatment. This is up to the Match Officials discretion and team physiotherapists should assess the situation and inform the Match Officials.
12. **All team players must stay within the team zone area (Technical Zone), any players moving out of this area will be given one warning and teams will FORFEIT the game upon repeating offense.**
13. A team can only field-in players listed on their roster of players endorsed by their LGU. If there are any changes in the roster of players during the tournament day, shall submit the new roster of players to the Officials at the managers meeting before the commencement of the 1st game, provided strictly that the names on the roster have all been nominated and endorsed by the LGU, and registered on the PSC-PNG roster of athletes. During the tournament, if a team can only field 7 or less players from the main 12 players because of injury, the manager shall submit the name/s of the additional players to the Officials at least one game prior to the scheduled game of the team, provided strictly that the additional player are in the roster of players endorsed by the LGU.
14. **Scrums** must consist of 3 players from each team bound together. All players must assume a pushing position at all times.
15. During ALL **lineouts**, both teams must employ **A MINIMUM OF 2 PLAYERS** in their lineout.
16. From a restart. If a ball does not go 10 meters, goes into touch on the full or crosses the try line and becomes a dead ball, the receiving side will be awarded a **FREE KICK**.
17. **Sinbin (YELLOW CARD)**. The sinbin will be used throughout the tournament. A player receiving a yellow card from the referee will be sent to the sin bin for a period of 2 minutes actual playing time. The 'sinbinned' player shall sit with the PRFU officials at the halfway and the 2 minute time begins when time

is called on by the referee. Any player "sinbinned" twice in the same game/day will take no further part in the round and may have to appear before the PRFU Judicial committee.

18. Once **sent off (RED CARD)**, a player may not take any further part in the round and will have to appear before the PRFU judicial committee.
19. Teams have the right to cite any incidents they may have witnessed with the PRFU Officials up to a maximum of ONE Hour at the end of the scheduled game. The PRFU officials will not accept any citing after the hour period has elapsed. Any player that must appear before the PRFU judicial committee will be notified within 24 hours of the incident and will have to appear before the committee or face strict judicial sanctions for a non-appearance. PRFU Officials have the right to cite any player or team official throughout the PRFU 7s League and can use video (if available) to identify any alleged incidents or breaches of WR/AR/PRFU laws of Rugby Union.
20. The PRFU will supply the following officials at all 2017 Philippine National Games:

Tournament Director/ Citation Officer/Judicial Officer

Match Officials

Medical Team (Teams and players **MUST** pay own costs for use of the medical team for transport to a medical facility)

21. **ALL PLAYERS NEED TO SHOW PROOF OF INSURANCE.**

The PRFU offers the annual Asian Life Insurance policy for Rugby Union coverage up to Php 200 000 for a cost of Php 2600 and then this needs to be renewed as of the May 31st, 2018, at Php 2900 for the next 12 months coverage. This policy covers personal accidents also.

22. **The Rules of the Tournament, including their interpretation and any additional rules that may be required from time to time, are at the sole discretion of the Officials and Tournament Organizers of the 2017 Philippine National Games, whose decision is final and binding.**

